### A leading institution

WORKSHOPS AND SIMULATION CLASSROOMS

We have the facilities, the methodology, and the technology. A hands-on learning approach based on real or simulated situations that challenges students to navigate various scenarios.

#### CHALLENGE- AND PROJECT-BASED LEARNING

#### CONTESTS EN

Application of active learning methodologies.

Active participation in academic awards and recognitions. **ENRICHING EXPERIENCES** Coordination of cultural, sports, and social activities.

Work focused on solving real projects and challenges proposed by various companies.

ACADEMIC SUPPORT A team committed to your academic performance.

#### CONNECTION WITH THE UNIVERSITY

U UNIVERSITAT DE VIC UNIVERSITAT CENTRAL DE CATALUNYA Through this connection, it is possible to obtain CREDIT RECOGNITION from the Higher Vocational Training Program towards a University Degree. Students can also benefit from financial advantages and build connections with the university community for joint participation in activities.

## #2be

A program for growth, leadership, and personal transformation.

A pioneering and innovative program for Baccalaureate and Vocational Training. A life-oriented subject focused on personal autonomy and social skills.

More information



# JOVIAT

#### JOVIAT MANRESA Folch i Torres, 5-13 08241 Manresa (Barcelona) T. 93 872 69 88 secretaria@joviat.cat

#### JOVIAT VILADECANS

Camí de les Tanques, 70 08840 Viladecans (Barcelona) **T. 93 170 17 22** secretaria@joviat.cat



# Enhance Your Professional Expertise: Culinary Arts By JOVIAT

**40 years of experience** with over 3,000 students.

- Alumni in key positions around the world.
- · Innovation and Social Value Projects.
- JOVIAT, overall winner on 9 occasions of the Young Chefs and Waitstaff Competition of Catalonia.
- Awarded Best Pastry School in 2024 and 2025!
- JOVIAT-trained chefs recognized worldwide.

joviat.cat



## JOVIAT

We are a leading training center, known for our commitment to quality, meaningful, and people-centered learning. The experience and success stories of thousands of students speak for themselves.

Our post-compulsory and professional training offer includes: BACCALAUREATE INTERMEDIATE TRAINING FOR PROGRAMS AND ADVANCED EMPLOYMENT VOCATIONAL AND SKILL TRAINING PROGRAMS SPECIALIZATION COURSES

UNIVERSITY

PROGRAMS

POSTGRADUATE



#### **Facilities** JOVIAT CULINARY Training Spaces

Spaces are key to making things happen.





- 980 m<sup>2</sup> of facilities tailored to the current training needs in the fields of gastronomy and the food industry.
- **Gastropedagogical restaurants:** spaces where students apply their culinary and service skills with real customers.
- Versatile and multifunctional spaces designed to foster creativity.
  Dedicated areas for the development of technical skills:
- Tasting rooms
- Wine cellar
- Handling classroomsBakery lab





Refrigerated areas

Simulation spaces

Technical work zones

With the motto **"Every** challenge is an opportunity", at JOVIAT we live together, we learn, and we DREAM BIG.



Award for Best Innovative Vocational Training Practices in 2022





# Discovering Catalan Cuisine and Gastronomy

#### **10-DAY INTENSIVE COURSE - 60 HOURS**

#### Partnership with Industry Leaders

We maintain a broad network of relationships that supports JOVIAT's mission.

We provide training, collaborate actively, and are members of organizations such as:

DO Pla de Bages Gremi d'Hoteleria i Turisme del Bages Oller del Mas ABADAL UManresa

UManresa Fundació Althaia Fundació

ALÍCIA Fundació AMPANS

Sosa Callebaut

Slow Food Community

Acadèmia Catalana de Gastronomia i Nutrició





#### Brief description

A 10-day practical and cultural course that introduces students to traditional and modern Catalan cuisine, combining recipe preparation, product tastings, and activities to explore the territory and Catalan gastronomic culture. Designed especially for a Chinese audience, the course emphasizes sensory discovery and cultural exchange.

#### Session index

- Day 1 Welcome and Catalan pantry (6h)
- Introduction to Catalan cuisine and the Mediterranean diet
- Tasting of typical products: olive oils, bread, cheeses, cured meats
- Preparation: pa amb tomàquet, escalivada, omelette, coca de recapte

#### Day 2 - Sauces and vegetable dishes (6h)

- Basic sauces: sofregit, picada, romesco, allioli
   Traditional vogotable disbos: samfaina, Catalar
- Traditional vegetable dishes: samfaina, Catalanstyle spinach
- · Preparation: cod salad, omelette with samfaina, spinach with raisins and pine nuts

#### Day 3 - Seafood and rice dishes (6h)

- Seafood and products from the Ebro Delta
   Theory and practice: fish suquet, fideuà, black rice
- Preparation and tasting

#### Day 4 - Mountain cuisine and meats (6h)

- Cured meats and stews: botifarra, rabbit, chicken with scampi
- Preparation: fricandó, chicken with prawns, patates emmascarades

#### Day 5 - Traditional desserts and sweets (6h)

- Guided tasting of Catalan sweets: mel i mató, neules, crema catalana
- Preparation: crema catalana, panellets, coca de llardons



#### Day 6 - Field visit + tasting (6h)

- Visit to a local producer (cheese dairy or winery)
- Guided activity + product tasting
- Cooking with local products: salads with cheese, jams, desserts

#### Day 7 - Wines, cavas and pairings (6h)

- $\cdot\,$  Introduction to Catalan wines (DO)
- $\cdot\,$  Guided tasting of wines and cavas
- $\cdot\,$  Pairing with cheeses and typical dishes

#### Day 8 - Modern and creative cuisine (6h)

- Introduction to contemporary Catalan cuisine (influence of El Bulli)
- · Basic techniques of modern cuisine
- Preparation of creative versions of traditional dishes

#### Day 9 - Cultural exchange: Catalan-Chinese

fusion (6h)

- Dialogue between flavors: how to fuse Chinese and Catalan ingredients
- $\cdot\,$  Collaborative practice: creation of mixed dishes
- $\cdot\,$  Participatory activity: tasting and evaluation
- · Day 10 Final practice and closing (6h)
- Preparation of a complete menu by groups
   Restaurant simulation (with service and
- presentation) • Tasting, evaluation and diploma ceremony

#### GENERAL STRUCTURE

- Teaching days: 10 days (Monday to Friday over two weeks)
- Hours per day: 6 hours (3h morning + 3h afternoon, with a break)
- Total duration: 60 hours

#### **COURSE MATERIALS**

- Bilingual recipe booklet (Catalan/ Chinese)
- Apron and diploma
- Basic Catalan-Chinese culinary vocabulary
- Photos and videos of the sessions